

# NINILCHIK 2017

---

*CONTINUING TO BE AWESOME!!!!!!!!!!!!!!!*

# PERSONALIZED LEARNING

---

- Personalized Learning in KPBSD empowers every student to reach their lifelong learning potential..
- **Teachers integrate digital content**, which allows for a differentiated path and pace based on individual student needs
- **Teachers use targeted instruction** based on specific student needs and learning goals
- **Teachers use current and relevant data** to help inform instructional decisions and groupings
- **Students engage in ongoing self-reflection** that promotes ownership of their learning

# SLEEP, STRESS AND THEIR RELATIONSHIP

---

- Insufficient sleep may be a “negativity bomb” and when we are tired we remember negative words and images better than positive.
- 87% of adolescent cell phone users sleep with their phone turned on.
- The extent of media use predicts poor health in these dimensions: Physical health, psychological problems, attention issues, and behavioral problems: almost causative instead of correlative.
- Students who undergo large amounts of stress for an extended period of time have similar symptoms to students who have ADHD.

William Stixrud, PH.D.

# POWERSCHOOL

---

- Lesson plans
- Grades or Standards depending on which grade your child is in.
- Attendance
- Lunch accounts- parents student can do online payments on KPBSD website

# HOW ARE WE HELPING STUDENTS?

---

\*Intervention Team/Title I and Advisory- small group and individual tutoring

\*Project Grad

-- offers scholarships to students

-- community involvement

-- teacher/student support through Debbie

Blossom Caleb Kresl, Kenny Daher, Jane Beck

\* NTC- Maureen and Katie M/W is study hall T/TH is life skills help 3:45 to 5:15 at Teen Center



# PICTURE DAY

---

- October 4th

## REMAINDER OF THIS EVENING

---

- Feel free to visit classrooms until 6:30
- Secondary schedules will be available on Powerschool or hard copies will be passed out in the morning.